PRO-CHOICE WASHINGTON

Abortion Access Guide

A resource to help patients access abortion care in Washington State

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Introduction

As patients continue to feel the impact over the loss of the federal right to abortion, it is more important than ever to understand where to receive abortion care in your community, how to navigate health care systems, and what to know about your legal rights as a patient.

Abortion is legal in Washington, yet many patients seeking reproductive care face numerous obstacles. These include barriers like medical costs, harassment and discrimination within health centers, transportation and childcare challenges, lack of in-language services, and more.

This guide serves as a resource to help any patient navigate abortion laws in Washington through real-life inspired stories from patients who sought care.

The fictionalized journeys presented in this guide serve to recognize the different pathways and decisions patients may take to obtain an abortion while providing essential information to anyone in a similar circumstance.

A Note on Language

This guide highlights and affirms that transgender men and nonbinary patients have abortions and are often underrepresented in conversations about abortion and reproductive health.

Pro-Choice Washington uses gender neutral language when referring to abortion patients whenever possible. That said, language about women may appear when referring to specific women or citing research where only women were surveyed.

Acknowledgments

This guide is a culmination of years long work by our Pro-Choice Washington staff and fellows, including Madeline Ellis, Kimberly Daw, and Clareta Tsang. Special thanks to our early readers who provided feedback and insight into abortion experiences and patient care.

Where Can You Get an Abortion in Washington State?

Primary Care Clinics

Washington state law allows healthcare providers who are trained in abortion care to perform abortions.

This means you may be able to access early abortion services at your primary care facility without having to visit a separate clinic or see a different provider.

To learn more about how abortion care can be a part of your primary care visit, use the QR code below.

Reproductive Health Clinics

Washington state has 46 clinics that provide abortion care.

The Department of Health (DOH) helps fund 34 of these clinics to provide sexual and reproductive health care services on a sliding fee scale or for free for patients who qualify.

To find clinic locations near you, use the QR code below.

Hospitals

Public hospitals that provide maternity benefits are required by Washington state law (RCW 9.02.160) to provide equivalent services for abortion.

In cases of medical emergencies that require an abortion, you have the right to receive care at any hospital. Any hospital that cannot provide a necessary abortion when you arrive for care must refer you to a facility that can.

To learn more about your rights under the **Emergency Medical Treatment and Labor Act (EMTALA)**, use the QR code below.

Telehealth

Telehealth is a safe, secure, and private way to access medication abortion, and other reproductive services, without having to visit a clinic.

Telehealth appointments can take place online, through video calls, or as audio-only calls.

Medication abortion, as well as other sexual and reproductive health services, can be accessed through telehealth.

Use the QR code below to learn more about how to access medication abortion through telehealth.

What is the Typical Abortion Timeline

As a patient, you decide how and when you need abortion care on your own terms.

Here are the typical steps in an abortion journey, though they may vary by patient.

Making your pregnancy decision is up to you, and everyone is different. Use the QR code to learn more about abortion.

If you think you are pregnant, take an at-home pregnancy test to confirm your pregnancy. You can also schedule an appointment with a provider to confirm your pregnancy and the gestational age (how far along you are).

1. Confirm Your Pregnancy

2. Understand Your Options

3. Make Your Decision

Once you have confirmed your pregnancy, several options are available: parenting, adoption or abortion (termination). Take your time to consider them all.

For a medication abortion, plan for the appointment to last around one hour. Afterwards, you can decide when to take the two-drug combination (mifepristone first; then misoprostol).

For a procedural abortion, plan to be in the clinic all day. The actual procedure takes less than 20 minutes. Your provider will discuss pain management options with you.

4. Make Your Abortion Appointment

Your provider will help you schedule additional appointments depending on the type of abortion you need - medication or a procedural (in-clinic) abortion.

5. Your Appointment Day

6. Your Aftercare

Cramping and some bleeding are common symptoms after your abortion. Your clinic may be able to provide you with over-the-counter pain medication. See the Resources page if you need additional support, such as doula care.

Types of Abortion

There are two main types of abortion:
medication abortion and procedural abortion.

Medication Abortion

Medication abortion, or the abortion pill, uses medication to end a pregnancy and can be safely taken at home. In general, clinics or online services typically provide medication abortions before or until about 11 weeks of pregnancy.

A medication abortion usually includes taking two kinds of drugs for a two-step regimen. In some instances, Mifepristone may not be available. A one-drug regimen with just Misoprostol can be used instead.

1 **Mifepristone** blocks a hormone necessary for a pregnancy to continue to develop. Although uncommon, some people will experience vaginal bleeding.

2 **Misoprostol** causes cramping and bleeding from the vagina so that the pregnancy will leave your body. It's usually taken within 72 hours after taking the first pill.

Use the QR code to the left to learn more about medication abortion.

Procedural Abortion

Procedural (in-clinic) abortion occurs in a medical setting, and can be performed by advanced registered nurse practitioners, certified nurse midwives, physicians or physician assistants trained in abortion care. Clinicians that provide procedural abortions may have distinct gestational age limits (usually around 24-26 weeks). Confirm this with your chosen provider in advance.

Overall, procedural abortion is more invasive than medication abortion. There are two main types of procedural abortions available. Your provider can help determine which kind is best for you based on your individual medical needs, as well as options for pain management during and after your procedure.

Vacuum aspiration uses gentle suction to empty your uterus. It's usually used until about 14-16 weeks after your last period.

Dilation and Evacuation (D&E) uses a combination of suction and medical tools to empty your uterus. You can get a D&E after 16 weeks since your last period.

Use the QR code to the left to learn more about procedural abortion.

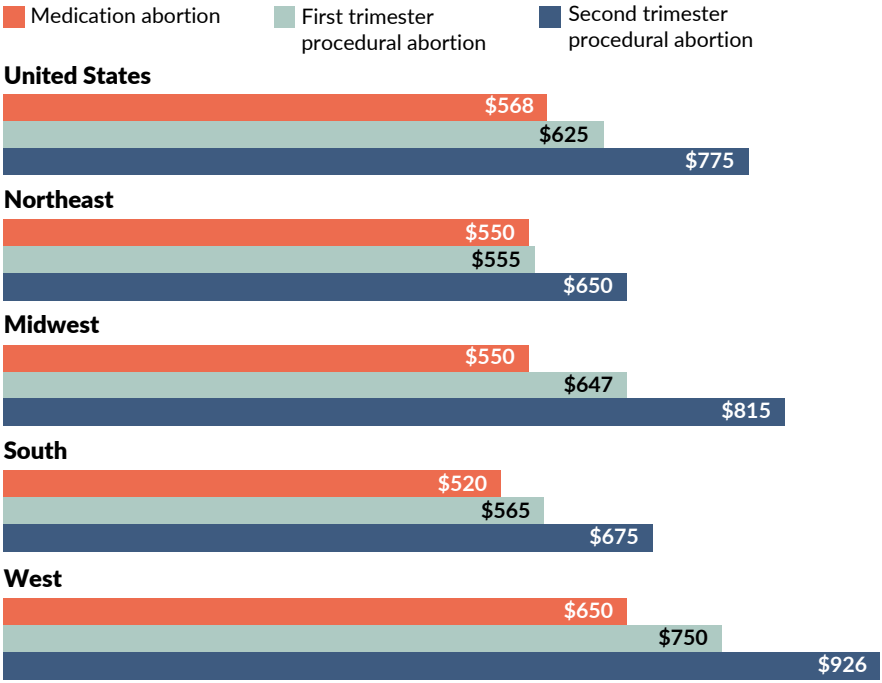
How Much Will Your Abortion Cost?

Abortion can vary in price depending on a few factors including the type of abortion you receive, how far along you are in the pregnancy, your insurance, as well as what individual providers charge.

In 2021, the average cost of abortion care, in states along the West Coast, was between $650 and $926.

In 2021, the Median Cost of Abortion Services Exceeded $500

In out-of-pocket costs for patients who self-pay



Source: Advancing New Standards in Reproductive Health (ANSIRH), University of California San Francisco. Trends in Abortion Care in the United States, 2017-2021.

It's important to keep in mind that these costs may be lower or higher depending on your situation. Procedural abortions after 20 weeks will cost more than abortions earlier in pregnancy. These average costs also don't include the cost of travel, childcare, or lost wages from taking time off work.

Paying for your abortion care can be stressful. But you don't have to do it alone. **Here are some financial options that can help cover the costs for your abortion care.**

Private Insurance

Washington state regulated health plans are required to cover abortion care if they cover maternity and prenatal care. As of 2024, these plans should not charge a co-pay for abortion.

State Programs

Washington Apple Health (Medicaid) pays for most health care services, including abortion, abortion after-care (up to 12 months), and post-abortion contraception. Depending on your income, you could qualify for this free health coverage.

Local Abortion Funds

The Northwest Abortion Access Fund (NWAAF) is an abortion fund serving Washington, Oregon, Idaho, and Alaska. They send funds directly to the clinic and can also assist with travel costs.

Out-of-Pocket

You can pay out-of-pocket for your abortion using cash or credit. Many clinics also offer sliding fee scales based on your income. This is the most private option to pay for abortion services.

If you need your payment to stay private using any of these options, talk with the staff at the clinic where you receive your abortion. They can help you maintain confidentiality.

What to Know About Your Legal Rights as a Patient

Out of State

You can come from anywhere outside of Washington to receive abortion services.

If you travel to Washington for abortion care and encounter law enforcement of any kind, **you do not have to tell them about your abortion.**

If you reside in a state where abortion is banned, **Washington's Shield Law** prohibits Washington law enforcement and courts from helping other states prosecute providers and patients for abortion care that is legal in Washington. See Washington's Attorney General's Shield Law explainer in the Resources section for more details.

For more legal support, visit Repro Legal Hotline using the QR code or call 844-868-2812.

Abortion is legal and protected in Washington. Anyone, of any age, can access an abortion for any reason before viability of the fetus (when it can live outside your body). You don't have to live in-state or be a US citizen, and you don't need permission from anyone to access an abortion.

Data Privacy

The **My Health My Data Act** prohibits the selling of personal health information without your consent on apps, websites, and the dark web.

Learn how to protect your digital privacy here:

Protestors

Washington law (**RCW 9A.50.020**) prevents anyone from stopping or blocking you from receiving medical care, including abortion. If protestors try to stop or threaten you, tell the clinic and document what happened.

Contact **Legal Voice** at **info@legalvoice.org** for help.

Patient Stories and Resources

The following patient stories are inspired by real-life interviews and conversations with providers and patients who have received abortion services in Washington.

Despite abortion being legal in Washington state, these stories illustrate the various barriers and real life consequences many patients face while accessing abortion care.

Each patient story includes a Patient Resources page with information and links that you can use to get more help if you find yourself in a similar situation.

Jamie

37, Nurse, Mother of 3

Pullman, WA

Jamie lives outside Pullman, Washington in Spring Valley. She works as a nurse at a Spokane hospital, one of the only healthcare facilities within a two hour drive to her home.

After receiving a positive pregnancy test, she asks an obstetric gynecologist (OBGYN) from the hospital to confirm the pregnancy with a blood test. Jamie is nine weeks pregnant.

The OBGYN informs Jamie that their hospital doesn't allow abortions and has strict internal policies against referring patients to abortion clinics.

To make matters worse, her health insurance, which is administered through the hospital, will not cover the cost of an abortion.

A trusted colleague tells Jamie about a program from the WA Department of Health (DOH) that will cover the cost of the appointment if she receives care at a site contracted with the DOH.

Jamie researches the Planned Parenthood Pullman clinic and verifies they have a DOH contract. Her abortion can be reimbursed through the DOH's Increasing Access to Reproductive Choice program.

The soonest appointment is two weeks away when Jamie is 11 weeks pregnant. She'll have to have a procedural abortion, and it's more invasive than she was planning.

Jamie's colleague promises to help cover her shifts during her aftercare. But after all Jamie's planning and preparation, she realizes abortion care isn't just the procedure. She'll have to navigate transportation, finances, childcare and more.

Resources for Jamie

The **WA Department of Health — Increasing Access to Reproductive Choice** program pays for abortion services for people with **Providence Health Plans** that originate in Washington State.

Patients have financial responsibility for their abortion care unless and until their provider submits the department-approved claim form for that care.

Use the QR code to see which providers have contracts with the Department of Health (DOH) prior to receiving care.

If you receive care from a provider who doesn't have a contract with the DOH, share the webpage above with the clinic and ask them to file a claim.

Some hospitals may have internal policies that restrict them from providing abortions. You can check if your hospital has an **Ethical and Religious Directive (ERD)** or other policy that restricts them from providing certain reproductive health services using the QR code below.

Find a clinic near you by visiting **abortionfinder.org**. Here you can find verified abortion care providers and support on a state-by-state basis.

Use the QR code below to visit their website.

Araceli

27, Farm Worker

Grant County, WA

An undocumented immigrant who recently arrived in Washington, Araceli is set to begin a seasonal position on a farm in Grant County. Before her first day, she learns she is seven weeks pregnant.

When she moved to Washington, her partner stayed behind in California, and the two of them had not planned on starting a family for a few more years.

Because she doesn't have a stable income, Araceli doesn't know how she'll pay for her procedure or the travel to a clinic from the rural area where she lives and works.

A woman she lives with tells Araceli to visit a mobile medical clinic that stops in a nearby town once a week.

At the mobile clinic, Araceli enrolls in Apple Health (Washington state's version of Medicaid) and gets information for the Northwest Abortion Access Fund (NWAAF).

Araceli makes an abortion appointment with the Planned Parenthood in Wenatchee, then calls the NWAAF Helpline to see if they can help with her travel.

NWAAF offers support with travel logistics related to her abortion appointment but Araceli is fearful she'll lose her job when she takes off the extra time off for her aftercare.

A volunteer drives her to and from her abortion appointment but when she gets home, Araceli learns her job was given to someone else.

Araceli is devastated that she had to get an abortion alone without her partner and from losing her job. She finds herself struggling emotionally.

When the mobile clinic arrives in town again, a community health worker offers Araceli a copy of the Abortion Resolution Workbook in Spanish. Araceli reads through the guide and starts to work on healing from her experience.

Resources for Araceli

You don't have to be a US citizen to receive abortion care in Washington State. Use the QR code below to learn about your right to access abortion care as an immigrant, regardless of your legal status.

If you need assistance funding your abortion care and/or travel logistics, contact the **Northwest Abortion Access Fund (NWAAF)** hotline at **1-866-NWAAF10 (1-866-692-2310).**

Anyone, regardless of immigration status can receive health coverage through **Washington Healthplanfinder.**

This includes **Apple Health for Pregnant Individuals** and **After-Pregnancy Coverage.**

Your immigration status is only used for coverage eligibility, and not for immigration enforcement. Use the QR code below to learn more.

The **Pregnancy Options Workbook** and **Abortion Resolution Workbook** are available in both English and Spanish. Use the QR code below to access the workbooks.

Meihong

42, Mother, Wife

South Seattle, WA

Meihong (May-hung) and her family immigrated to South Seattle six years ago to be closer to their extended family.

As a 42-year-old mother and wife, Meihong has struggled to adjust to her life in America, especially since she doesn't speak English. To get by, she relies heavily on her extended family.

Both Meihong and her husband want to be more independent and financially secure, and Meihong wants to move on from her part-time position as a cashier.

With her children in elementary school, Meihong begins ESL classes at a community college. After weeks of feeling ill, she takes an at-home test and confirms she's pregnant.

She tells her husband and they agree it's best to terminate the pregnancy to create more stability in their lives.

Because she's not confident with her English, Meihong is worried something will go wrong during her appointment; or that she'll be coerced into making another decision.

Although Meihong is close to her extended family, she doesn't feel comfortable asking them to be a translator during her appointment. This is her business, not theirs.

The Planned Parenthood in White Center provides interpreter services, but when she shows up to her appointment, Meihong has to confront anti-abortion protesters as she enters.

Meihong's overwhelmed by the shouting and starts to second-guess her decision. The interpreter reassures her that the protesters can't get any closer to the clinic, but she can't help but feel shaken. When her husband asks how the appointment went, Meihong simply replies, "Fine."

Resources for Meihong

Many clinics offer interpreter services (either in-person or by phone) for patients seeking abortion services. Let your care team know if you need an interpreter during your visit.

Members of Apple Care are eligible for free interpreter services. Tell your health care provider and they can reach out to the **Health Care Authority (HCA)** to schedule an interpreter. Use the QR code below to get more information.

Planned Parenthood offers free telephone interpretation in multiple languages. Some of their health clinics also have staff who can speak Spanish. Use the QR code below for information about their locations and services.

Know Your Rights: Washington law (RCW 9A.50.020) prevents anyone from stopping or blocking you from receiving medical care, including abortion care.

If protestors try to stop or threaten you, tell the clinic and document what happened. You can also contact **Legal Voice** for help at **info@legalvoice.org.**

Haley

30, Mother, Wife

Coastal WA

Haley is a 30-year-old mother of two and a member of a tribe in the Pacific Northwest. After the birth of her daughter Vanessa two years ago, Haley suffered severe postpartum depression.

With two children under five and a new job as a payroll administrator for the Tribe, she is secure in her decision to seek an abortion. She knows she cannot take on any more responsibility.

The Wellness Center on the reservation provided counseling after Vanessa was born, but Haley knows that the Wellness Center employs several family members who are anti-choice.

She is concerned about protecting her confidentiality. She also knows her Indian Health Service (IHS) coverage will not cover the cost.

She doesn't go to the medical clinic at all, and instead turns to one of her elders, Cheryl, who helps Haley and her husband Shane make a plan.

Together, they contact a friend Haley met through the Pow Wow circuit, who is Nisqually and lives near Olympia. They make an appointment for a medical abortion, and her friend welcomes the visit.

Shane isn't able to get time off work, so Cheryl reaches out to her network and finds friends to take care of the kids while Haley gets to her appointment.

Before she leaves for her journey, Cheryl gifts Haley a pair of Tlingit hummingbird earrings to wear throughout her appointment and recovery.

Resources for Haley

Indian Health Service (IHS) facilities are the primary source of reproductive health care for many Native American people living in Washington and in the US. Since the IHS receives federal funding, it is subject to the Hyde Amendment.

The **Hyde Amendment**, passed in 1976, bans the use of federal funds for abortion, except in extreme cases such as rape, incest, or threats to the life of the pregnant person.

The **Purchased/Referred Care (PRC)** Program at the IHS doesn't cover abortion if a tribal member seeks care outside of IHS clinics.

This means that many Native people are effectively denied access to a full-spectrum of reproductive healthcare options.

Indigenous Women Rising is one organization that can provide financial help for Indigenous people seeking abortions. Use the QR code below to fill out their online form for assistance.

Hummingbird Indigenous Family Services is another organization that provides funds to support Indigenous peoples' living in rural Washington and neighboring states where abortion is no longer accessible. Use the QR code below to find out more.

Tana

17, High School student
Walla Walla, WA

Tana and their boyfriend Shawn live with his parents in Walla Walla. When Tana learns they are pregnant, the timing could not be worse.

Tana's about to graduate high school and go to Washington State University. Becoming a parent is not on their vision board.

At school, Tana tells their English teacher and school nurse about their situation. Together, they make a plan.

The nurse tells Tana to be careful of Crisis Pregnancy Centers (CPCs) which dissuade people from having abortions.

Instead, she helps Tana make an appointment at a trusted abortion clinic. Even though they are under 18, Tana doesn't need parental consent to receive an abortion.

Anyone, at any age, can receive care and no parental involvement is required in Washington state. Still, Tana is worried about using insurance to pay for the abortion in case Tana's parents find a bill in the mail.

They want to pay the $1,000 out-of-pocket for a medication abortion so there is no record of it.

The providers tell Tana that for the day or two afterward they might not feel like themselves, so they plan to stay in a nearby hotel post-abortion.

Before their appointment, Tana's boyfriend gets anxious and asks his parents for the money. Tana has no choice but to accept the help.

Resources for Tana

Patients under 18 years old do not need parental permission to get an abortion in Washington. Use the QR code below to read more on your legal right to get an abortion in Washington State.

Crisis Pregnancy Centers (CPCs) are fake clinics that don't offer abortions or other reproductive and sexual health services. Use the QR code below to find and avoid CPCs in your area.

Gender diverse patients seeking abortions may find it more comfortable to find providers who provide LGBTQIA+ inclusive care.

Cedar River Clinics and **Planned Parenthood** are two clinic networks that explicitly serve transgender and non-binary patients. Use the QR code below to learn more about Cedar River Clinics locations and the services they provide.

Kat

24, Unhoused, Mother

Seattle, WA

Kat is a 24-year-old unhoused woman in Seattle struggling with addiction to methamphetamines.

Kat's had several encounters with the criminal legal system due to incidents related to her addiction. During these encounters, her three children have been in and out of foster care.

Kat's tried to get into addiction treatment a few times but she has been met with long wait times and complicated barriers, like finding and keeping housing. Most treatment facilities require housemates to be sober and ready to start a job in order to be accepted. But without reliable transportation, Kat finds it difficult to maintain steady employment.

Kat relapses when she learns that she has become pregnant.

She wants to get an abortion so that she can focus on her recovery and caring for the children she has.

She doesn't know how she will afford the cost of an abortion, or even get to her appointment. She's worried that if she goes to a healthcare provider, she will be judged for using, or even criminalized.

Kat talks to her caseworker and finds out that she is eligible for Apple Health. Apple Health will cover the cost of her abortion and provide coverage for 12 months after her pregnancy ends. Kat's caseworker helps get her signed up.

Kat's caseworker also helps her make an appointment and provides a bus ticket to get to a clinic in Renton.

At the clinic, Kat decides to have a procedural abortion and an IUD inserted. The staff reassures her this is the best option so she won't have another pregnancy scare anytime soon.

Resources for Kat

Apple Health (Medicaid) has resources for pregnant patients, even if their pregnancy ends in an abortion. **After-Pregnancy Coverage**, or APC, includes comprehensive healthcare services for 12 months after a pregnancy ends. The clinic where you are seeking abortion care can help you determine if you are eligible for Apple Health. Use the QR code below to find out more information.

If you're already enrolled, you may need to report a change in your pregnancy status to guarantee that you can receive the full 12 months of APC.

To enroll in Apple Health or report a change, you can use the QR code below to visit **Washington Healthplanfinder.**

Use the QR code below to find perinatal substance use services and other resources.

An **intrauterine device** or **IUD** is an effective, long-term and reversible method of birth control. They can be safely inserted after having an abortion. Use the QR code to learn more.

Lauren

21, Newly Married

Idaho

After celebrating her 21st birthday, Lauren and her boyfriend Cameron discover she is pregnant. They had been talking about getting married, and though the pregnancy wasn't planned, they are both excited.

Lauren's family is evangelical Christian, so Lauren doesn't feel comfortable telling them she is pregnant before she is married.

But Cam soon proposes, and they get married two weeks later.

Their urgency is due to Cam's impending graduation from the University of Idaho whereupon he will immediately fulfill his commitment to the Air Force.

Lauren quits her job as a nail tech and moves to Idaho to be with her new husband.

Unfortunately, six weeks after the wedding, prenatal screening reveals a chromosomal abnormality and multiple anomalies. Lauren needs to terminate her pregnancy as soon as possible.

While driving to Washington to be with Cam's parents who live in Shoreline, they get pulled over by highway patrol. In a moment of panic, Lauren confesses her abortion plans.

The cop doesn't say much because he is prohibited by law from stopping any patients from receiving care.

At her appointment at the Lilith Clinic, Lauren learns that she can use her dad's insurance coverage without him finding out. Relieved, Lauren has her abortion.

On the drive back to Idaho, Lauren starts to grieve the loss of her pregnancy, something she'll feel for years to come.

Resources for Lauren

People from other states can receive abortion care in Washington.

Law enforcement agencies in Washington are prohibited from cooperating with out-of-state civil or criminal investigations regarding medical care provided in the state.

Use the QR code below to read about the legal protections for abortion care in Washington.

Your health plan will automatically send bills and explanation of benefits (EOB) to the primary policy holder which could be your spouse or parent.

If you do not want your insurance provider to share information about your abortion without your permission, you must fill out a **Confidentiality Request Form**. Use the QR code below to access the form and send it to your insurance.

The **Lilith Clinic** is an abortion clinic located in Seattle. Use the QR code below to visit their website for more information.

Resources

The following is a list of resources used throughout this guide.

Abortion 101

These resources provide more information on the types of abortion and what you may be able to expect.

Washington State Department of Health: Abortion
https://doh.wa.gov/you-and-your-family/sexual-and-reproductive-health/abortion

Planned Parenthood: In-Clinic Abortion
https://www.plannedparenthood.org/learn/abortion/in-clinic-abortion-procedures

American College of Obstetricians and Gynecologists: Abortion Care FAQs
https://www.acog.org/womens-health/faqs/induced-abortion

Abortion Aftercare

The resources below can help you find additional support before, during and after your abortion. Doula care can be an option for patients who need non-clinical support.

Abortion Finder: Find Funding & Support
https://www.abortionfinder.org/abortion-support

Birthing Advocacy Doula Trainings: Everything You Want to Know about Full Spectrum Doula Work
https://www.badoulatrainings.org/blog/everything-you-want-to-know-about-full-spectrum-doula-work

PregnancyOptions.info
https://www.pregnancyoptions.info/

Reproductive Health Access Project: Options to Manage Pain for Gynecologic Procedures
https://www.reproductiveaccess.org/wp-content/uploads/2025/10/2025-10-Pain-Management-Options_Final.pdf

Washington Department of Health: Plan for Your Abortion
https://doh.wa.gov/you-and-your-family/sexual-and-reproductive-health/abortion/plan-your-abortion

Abortion Funds

If you need financial or travel assistance for your abortion, the following resources are local abortion funds that may be able to help.

Hummingbird Indigenous Family Services
https://www.hummingbird-ifs.org

Indigenous Women Rising Rain Fund
https://www.iwrising.org/abortion-fund

Northwest Abortion Access Fund
https://nwaafund.org/apply

Apple Health (Medicaid) and Abortion Access

The resources below can help you learn how to access abortion care through Apple Health or if you qualify for coverage.

Washington State Health Care Authority: Abortion Services
https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/abortion-services

Washington Healthplanfinder
https://www.wahealthplanfinder.org

Clinics and Where to Find Abortion Care

The resources below can help you find clinics near you that provide abortion care. Some clinics offer care on a sliding fee scale based on your income.

AbortionFinder
https://www.abortionfinder.org

Abortion On Demand
https://abortionondemand.org

WA State Dept of Health: Clinic Locations
https://doh.wa.gov/you-and-your-family/sexual-and-reproductive-health/clinic-locations

All Women's Health
https://awhfederalway.com/

Cedar River Clinics
https://cedarriverclinics.org

I Need An A
https://www.ineedana.com

Lilith Clinic
https://lilithclinic.com

Planned Parenthood
https://www.plannedparenthood.org

Language Services and Immigrant Access to Abortion

Immigrants in Washington, no matter their status, can access abortion care. Learn more about your rights and how you may be able to receive health coverage as an immigrant with the resources below.

Washington State Health Care Authority: Translation Services
https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/interpreter-services-clients

National Immigration Law Center: Abortion Access for Immigrants
https://www.nilc.org/resources/abortion-access/

Washington Healthplanfinder: Immigrants
https://www.wahealthplanfinder.org/us/en/health-coverage/who-can-sign-up/immigrants.html

Legal Rights for Abortion in Washington

Abortion is legal in Washington. Use the following resources to learn more about your rights as a patient and how you can get legal support.

Washington State Office of the Attorney General: Reproductive and Gender-Affirming Care: Shielding Providers, Seekers, and Helpers from Out-of-State Legal Actions
https://www.atg.wa.gov/reproductive-and-gender-affirming-care-shielding-providers-seekers-and-helpers-out-state-legal

Washington State Dept of Health: Know Your Rights
https://doh.wa.gov/you-and-your-family/sexual-and-reproductive-health/abortion/know-your-rights

Centers for Medicare & Medicaid Services: Emergency Medical Treatment & Labor Act (EMTALA)
https://www.cms.gov/medicare/regulations-guidance/legislation/emergency-medical-treatment-labor-act

Repro Legal Helpline:
https://www.reprolegalhelpline.org

Privacy Protections

If you are concerned about your privacy, the resources below can help you learn how to keep your abortion care and other personal health information confidential.

Office of the Insurance Commissioner Washington State: Health information and your privacy
https://www.insurance.wa.gov/health-information-and-your-privacy

Reproductive Health Access Project: Privacy Considerations for Abortion Care
https://www.reproductiveaccess.org/resource/privacy-considerations-for-abortion-care/

Washington State Department of Health: Your Privacy
https://doh.wa.gov/you-and-your-family/sexual-and-reproductive-health/abortion/your-privacy

Washington State Office of the Insurance Commissioner: Confidentiality Request Form
https://www.insurance.wa.gov/sites/default/files/documents/confidentiality-request-form_2.pdf